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| November – December 2016 NewsletterBennington County |
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**Green Mountain RSVP**



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| **Upcoming Events*****Crafting Corner at GMRSVP***All RSVP Volunteers welcome. Please bring a friend!Bring your own craft, such as knitting, crocheting, or whatever your heart desires!***Monthly Craft Meetings 1:30-3:30**** December 9, 2016
* January 13, 2017
* February 10, 2017

Please let us know if you will attend as light refreshments will be served.**Memory Café****Bennington Free Library**no registration required**January 28, 2017 @ 10:30-12****February 25, 2017 @ 10:30-12**There will be no meeting in December due to the holidayshttp://www.101x.com/sites/g/files/exi636/f/article-images-featured/634506-134656.jpg**Bennington Blood Drives:*** **January 4- First Baptist Church @ 11:30-5**
* **January 20- VT Veterans Home @ 1-5**
* **February 2- SVMC @ 11:30-5**

Donating blood makes a big difference in the lives of others! Visit Redcross.org or call 1-800-RED CROSS (1-800-733-2767) to schedule a donation.  |

160 Benmont Ave, Suite 90 Bennington, VT 05201

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| http://www.nationalservice.gov/sites/default/files/upload/vcla/VCLA_State_Vermont.jpgWe often get messages from CNCS, our federal sponsor, telling us about what is going on nationally in the world of volunteerism. This one is especially important to share because it shows how your effort has a direct impact locally and nationally!  ***Your effort has helped to make Vermont #8 in the nation for volunteerism, an upgrade from #14 that was reported a few years ago.*** This is exactly why Vermont is such a special place.  Thank you for all you do for your communities!**Changes here at Green Mountain RSVP**We want to share with you some staffing changes in Bennington.  Our former Director, Sunny Leporati has moved on to a new position as The Southern Vermont Economy Project Manager with The Brattleboro Development Credit Corporation.  Our Bennington County Coordinator, Cathy Aliberti has filled her position as Green Mountain RSVP Program Director, covering three counties, Bennington, Windsor, and Windham.  She will continue to work out of the Bennington office.  We are very happy to welcome Lenora Volkmer as the new Bennington Coordinator.  Lenora has worked as a Case Manager for the Southwestern Vermont Council on Aging for 4 years and her experience translates nicely as she enjoys working with seniors and knows many of our community partners. We are thrilled that she has joined our staff and look forward to introducing her to you! Image result for welcome image |

**Volunteer Opportunities**



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| aarp-foundation-tax-aideFree In-Person Tax Preparation Service.**Sacred Heart St. Francis Church****238 West Main St, Bennginton, VT 02501**Monday 9-12Tuesday & Thursday 1-4**Starting early February****More details to follow****If you have questions or need more information:** **Contact** **Volunteer Coordinator** **Lenora Volkmer 802.447.1546** **lvolkmer@svcoa.net****RSVPVT.ORG** |
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**Sunrise Family Resource Center**

* Early Care & Education Program- extra hands needed to provide children 0-3 with love and attention.

**Bennington Project Independence**

* + Activity Aide- assisting with implementation of activities, providing companionship and conversation. Craft experience preferred
	+ Clerical Assistance- data entry, filing, mailings, internet researc. Experience with Word and Excel required.

**Please contact Green Mountain RSVP for more information!**

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**Are you thinking of goals for the New Year?**

 **Consider one of our Bone Builders classes!**

Enhance your energy & well-being, re-build bone density, meet new friends! Classes & weights are free to all. All classes are about 60 minutes in duration.

Bennington County Bone Builder Classes

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| LOCATIONS | DAYS | TIME |
| St. Peter’s Church | Tuesday & Thursday | 10:30 AM |
| Homestead Mews | Tuesday & Thursday | 10:00 AM |
| Pownal Firehouse | Tuesday & Thursday | 12:30 PM |
| Missionary Alliance Church | Monday & Wednesday | 11:00 AM |
| Shaftsbury Methodist Church | Tuesday & Thursday | 9:00 AM |
| E. Arlington Federated Church(Bailey Hall) | Monday & Wednesday | 11:00 AM |
| Arlington American Legion | Tuesday & Thursday | 10:30 AM |
| Israel Synagogue Congregation(Manchester) \*currently full\* | Monday & Wednesday | 10:00 AM |
| Manchester Town Hall | Tuesday & Thursday | 10:00 AM  |
| Brookdale at Fillmore Pond | Monday & Wednesday | 12:00 PM |
| Peru Town Hall | Tuesday & Thursday |  9:30 AM |

Green Mountain RSVP is sponsored by The Southwestern Vermont Council on Aging. RSVP is a member of Senior Corps, a nationwide volunteer program for people 55+ who want to give their time and experience to strengthen their communities. **Thank you for your commitment to the non-profit organizations and people of Bennington County**.